



Key Indicator - 2.3 Teaching - Learning Process

2.3.1 Student centric methods, such as experiential learning, participative learning and problem-solving methodologies are used for enhancing learning experience and teachers use ICT- enabled tools including online resources for effective teaching and learning process

Experiential Learning - Symbiosis of Sports and Cultural

Sports and Cultural play a pivotal role in experiential learning. Sports boost a student's focus, discipline, teamwork, mental acuity, and confidence. Irrelevant of the sports, whether they are succeeding or not, every sport will always in still in them some great attributes. These help pupils unwind mentally from their busy schedules. Cultural endeavours offer students a platform to explore their interests and grow intellectually.

SAMPLE PROOFS

SYMBIOSIS OF SPORTS AND CULTURAL	
SPORTS	<u>CLICK HERE</u>
CULTURAL	<u>CLICK HERE</u>

**CRITERION II****SYMBIOSIS OF SPORTS AND CULTURAL****SPORTS ACHIEVEMENTS**

S. No	Name of the Events	Particulars	Position	Venue & Remarks
1.	Ball Badminton	Cauvery College for Women Team	Runners-Up	Cauvery College for Women, Trichy on 26 th & 27 th August 2019
2.	Tennis	Cauvery College for Women Team	Runners-Up	Bishop Heber College, Trichy on 2 nd & 3 rd October 2019
3.	Badminton	Cauvery College for Women Team	III Place	Bishop Heber College, Trichy on 21 st & 22 nd August 2019
4.	Boxing	Cauvery College for Women Team	III Place	J.J College, Pudukkottai on 16 th December 2019
5.	Tennis	Cauvery College for Women Team	Runners-Up	Bishop Heber College, Trichy on 4 th January 2022
6.	Ball Badminton	Cauvery College for Women Team	III Place	National college, Trichy on 5 th & 6 th January 2022
7.	Table Tennis	Cauvery College for Women Team	IV Place	J.J Arts & Science College, Pudukkottai on 1 st December 2021
8.	Tennis	Cauvery College for Women Team	III Place	Bishop Heber College, Trichy on 2 nd & 3 rd November 2022
9.	Tennis	Cauvery College for women Team	IV Place	Bishop Heber College, Trichy 10 th October 2023
10.	Yoga	Cauvery College for Women Team	Winners	A.D.M. College, Nagapattinam on 22 nd February 2024

**CRITERION II****SYMBIOSIS OF SPORTS AND CULTURAL**

11.	Taekwondo	Cauvery College for Women Team	Runners Up	Inter – District Taekwondo Championship 2023 at Oxford Engineering College On 12 th & 13 th August 2023
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Special achievements**South Zone and All Inter-University Tournament**

S. No	Name of the Event	Name of the Student	Venue
1.	Tennis	Ms. V. Shruthilekha, III BA English Ms. K. Kaushalya Kannan, II BSW	GITAM University, Visakhapatnam from 10 th to 12 th October 2019
2.	Boxing	S. Tharani, I B. Sc Physics	Wushu Championship, Coimbatore from 6 th & 7 th September 2019
3.	Ball Badminton	Ms. T. Malini, III B. Sc Maths MS. M. Vigneshwari, III B. Sc Computer Science Ms. J. Priyadharshini, III BA English	Andhra University, Visakhapatnam from 07 th to 10 th January 2020
4.	Ball Badminton	Ms. T. Malini, II B. Sc Maths	SRM University, Chennai from 17 th to 20 th February 2022
5.	Table Tennis	Ms. R. Roja, III B. Sc Microbiology Ms. V. Swetha, I B. Com	Amet University, Chennai on 6 th to 8 th January 2022



CRITERION II

SYMBIOSIS OF SPORTS AND CULTURAL

Ball Badminton, Runner- Up at Cauvery College for Women



Tennis, Runner- Up at Bishop Heber College





CRITERION II

SYMBIOSIS OF SPORTS AND CULTURAL

Badminton, Runner- Up at Bishop Heber College



Tennis, IV Place, Bishop Heber College, Trichy 10th October 2023





CRITERION II

SYMBIOSIS OF SPORTS AND CULTURAL

Taekwondo, Runner Up, Inter – District Taekwondo Championship 2023 at Oxford Engineering College On 12th & 13th August 2023



Ball Badminton, III Place, National College, Trichy on 5th & 6th January 2022





CRITERION II

SYMBIOSIS OF SPORTS AND CULTURAL

Tennis, III Place, Bishop Heber College, Trichy on 2nd & 3rd November 2022



Table Tennis, IV Place, J.J Arts & Science College, Pudukkottai on 1st December 2021





CRITERION II

SYMBIOSIS OF SPORTS AND CULTURAL

Boxing, III Place, Pudukkottai on 16th December 2019



FIT INDIA MOVEMENT





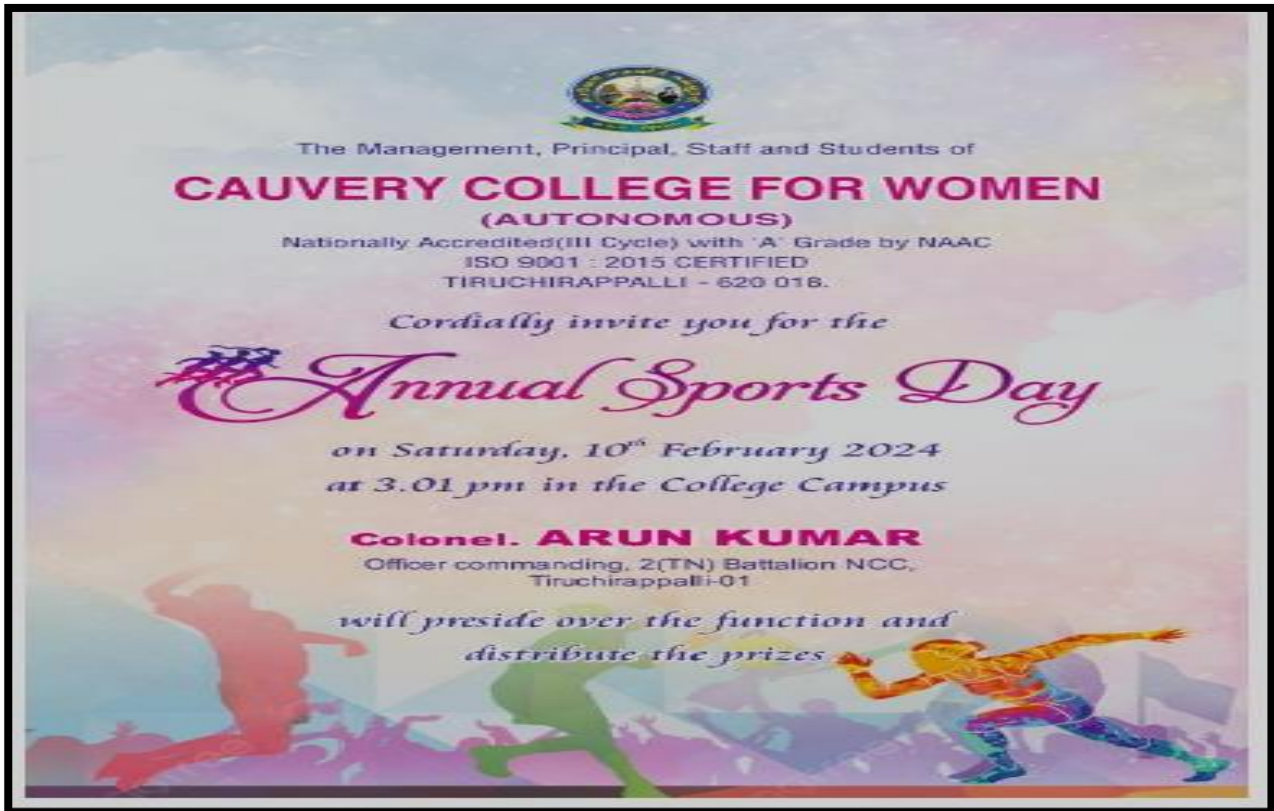
CRITERION II

SYMBIOSIS OF SPORTS AND CULTURAL

INTER DEPARTMENTAL SPORTS TOURNAMENT



SPORTS DAY 2023-2024





CRITERION II

SYMBIOSIS OF SPORTS AND CULTURAL

Colonel Arun Kumar taking up the guard of honor



Colonel Arun Kumar addressing the students





CRITERION II

SYMBIOSIS OF SPORTS AND CULTURAL

Sports Captain commencing the sports day celebration



Sports Captain lighting the Torch with sports team





Formation of the National Flower



Taekwondo students exhibiting their strength





CRITERION II

SYMBIOSIS OF SPORTS AND CULTURAL

Secretary Mr.K.Thiruneelakandan giving away the trophies



Marchpast Winner – Department of Mathematics English and Chemistry





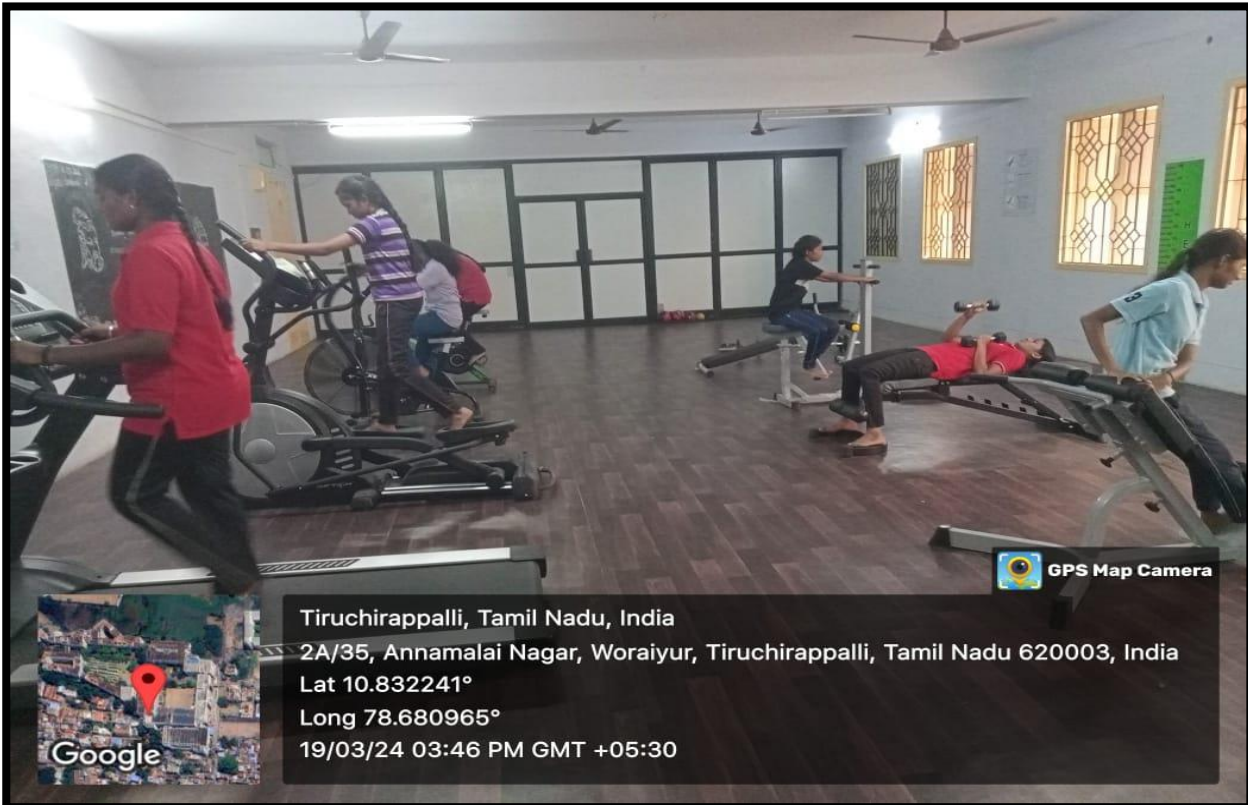
CRITERION II

SYMBIOSIS OF SPORTS AND CULTURAL

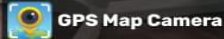
Overall winners – Department of Computer Science



FITNESS CENTER



Tiruchirappalli, Tamil Nadu, India
2A/35, Annamalai Nagar, Woraiyur, Tiruchirappalli, Tamil Nadu 620003, India
Lat 10.832241°
Long 78.680965°
19/03/24 03:46 PM GMT +05:30





CRITERION II

SYMBIOSIS OF SPORTS AND CULTURAL

YOGA CENTER





CRITERION II

SYMBIOSIS OF SPORTS AND CULTURAL

SHUTLE COCK PRACTICE



BASKET BALL PRACTICE





CRITERION II

SYMBIOSIS OF SPORTS AND CULTURAL

BALLBADMINTON COURT



INDOOR TABLE TENNIS COURT





CRITERION II

SYMBIOSIS OF SPORTS AND CULTURAL

INDEPENDENCE DAY EVENT





CRITERION II

SYMBIOSIS OF SPORTS AND CULTURAL

CULTURAL

Overall Winners in “CLASSIC FEST 2K23” organized by, Kalai Kaviri college of Fine Arts, Trichy on

01-09-2023 participated by our College Cultural Team.



Overall Winners in “MAMARIA’ 23” organized by M.A.M College of engineering, Trichy on 09-09-23.





CRITERION II

SYMBIOSIS OF SPORTS AND CULTURAL

Overall Winners in “SEERAS FEST 2K23” organized by SEETHALAKSHMI RAMASWAMY

COLLEGE, Trichy on 25-09-2023





CRITERION II

SYMBIOSIS OF SPORTS AND CULTURAL

Overall Winners in "FLAIR FEST 2K24" organized by JAMAL MOHAMMED COLLEGE (Autonomous), Trichy on 08.01.2024 participated by our College Cultural Team.



Received Cash Award of ₹22,000/- in "HILARICAS 2K24" organized by Hindustan college of arts and science, Coimbatore on 14.02.2024.





CRITERION II

SYMBIOSIS OF SPORTS AND CULTURAL

Received Cash Award of ₹2,500/- in "PRANAYA 2K24" organized by KARPAGAM ACADEMY FOR HIGHER EDUCATION, Coimbatore on 23.02.2024.



Our College Cultural Team gave **BEST PERFORMANCE** in **BOOK FAIR EXHIBITION 2K23**





CRITERION II

SYMBIOSIS OF SPORTS AND CULTURAL

OUR COLLEGE CULTURAL BEST PERFORMANCE IN NSS CAMP

FOLK GROUP DANCE



CLASSICAL GROUP DANCE



GROUP SONG



VOCAL SOLO



OVERALL CHAMPIONS - STET FESTEEMBER 2022 AT SENGAMALA THAYAR EDUCATIONAL TRUST, MANNARGUDI



Sundarakottai, Tamil Nadu, India
JCFP+4HW, Sundarakottai, Tamil Nadu 614016, India
Lat 10.621564°
Long 79.436652°
29/09/22 10:39 AM

Sundarakottai, Tamil Nadu, India
JCFP+4HW, Sundarakottai, Tamil Nadu 614016, India
Lat 10.621471°
Long 79.436473°
29/09/22 03:04 PM



CRITERION II

SYMBIOSIS OF SPORTS AND CULTURAL

**OVERALL WINNER AT KALAI KAVIRI COLLEGE OF FINE ARTS IN SILVER
JUBILEE CELEBRATION**



**OVERALL RUNNER -SEERAS FEST 2022 @ SEETHALAKSHMI RAMASWAMI
COLLEGE**





CRITERION II

SYMBIOSIS OF SPORTS AND CULTURAL

OVERALL CHAMPIONSHIP -KNIC FEST AT KONGUNADU COLLEGE OF EDUCATION,TRICHY



OVERALL CHAMPIONS BDU FEST AT BHARATHIDASAN UNIVERSITY, TRICHY





CRITERION II

SYMBIOSIS OF SPORTS AND CULTURAL

HILARICAS 2023- OVERALL CHAMPIONSHIP AT HINDUSTAN COLLEGE OF ARTS AND SCIENCE, COIMBATORE



AIMANPHORIA 23:OVERALL CHAMPIONSHIP- AIMAN COLLEGE



Sports and Cultural activities provide rich experiential learning opportunities that promote personal growth, skill development, well-being, and cultural enrichment. Participating in these activities, cultivate students in a diverse range of skills, values and experiences that contribute to their holistic development as learners, leaders, and members of society.